



# THE PHENOMENAL SHE REPORT

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**‘The Phenomenal She’ 7<sup>th</sup> Edition Coffee Table Book  
Launch**

**30<sup>TH</sup> March 2025**

## INAUGURAL SESSION



The Indian National Bar Association (INBA) successfully hosted the 'The Phenomenal She' 7<sup>th</sup> Edition Coffee Table Book Launch. The event, held on March 30, 2025, at Constitution Club of India, brought together exceptional women who have made a significant impact in their respective fields and celebrated women empowerment.

The event commenced with the lighting of the lamp by Hon'ble Former Justice Sangita Dhingra Sehgal, President, Delhi State Consumer Disputes Redressal Commission; Hon'ble Civil Judge (Jr. Division) Rupam Singh, District Court Gurugram; and Ms. Vinakshi Kadan Singh, Senior Advisor, Indian National Bar Association & Advocate Supreme Court of India.

This ceremonial gesture marked the beginning of the event, which strives to appreciate and acknowledge every contribution made by women from all professional areas or activities that are worth contributing to society as a whole and beyond her family.

Hon'ble Civil Judge (Jr. Division) Rupam Singh delivered a thought-provoking keynote address at "The Phenomenal She" 7<sup>th</sup> Edition. She commenced by emphasizing the remarkable achievements of women in every field of life, expressing her pride in the growing number of women joining the judiciary, from district courts to the apex court.



Judge Rupam Singh noted that women are excelling not only in the legal world but also in various other fields, making their presence felt in every walk of life. She commended "The Phenomenal She" initiative, which recognizes and celebrates the success and contributions of

women in their respective fields.

As a member of the legal fraternity, Judge Rupam Singh felt honored to be associated with the Indian National Bar Association (INBA) and appreciated their efforts in bringing women from diverse backgrounds together. She congratulated INBA, Advocate Vinakshi Kadan Singh, and the entire team for their dedication to recognizing women's achievements.

Judge Rupam Singh concluded by thanking INBA and the team for their recognition of women's contributions. She emphasized the importance of celebrating women's empowerment every day, not just on a single day. She also highlighted that women are born empowered and encouraged everyone to acknowledge this.

Her inspiring words set the tone for the evening, celebrating 365 days of women empowerment.

## LAUNCH OF 'THE PHENOMENAL SHE' 7<sup>TH</sup> EDITION COFFEE TABLE BOOK



### Unveiling of "The Phenomenal She" 7th Edition: A Tribute to Women's Excellence

The most anticipated moment of the evening arrived as Advocate Vinakshi Kadan Singh and Hon'ble Civil Judge (Jr. Division) Rupam Singh took the stage to unveil the 7th Edition of "The Phenomenal She" coffee table book. This prestigious publication is a heartfelt tribute to the trailblazing women who have redefined the boundaries of excellence in their respective fields.

As the honored guests lifted the covers, the audience was filled with excitement, admiration, and a deep sense of appreciation for the remarkable women featured in the book. The unveiling marked a significant moment in the evening's celebrations, honoring the achievements of 100 exceptional women who have made an indelible mark in their industries.

"The Phenomenal She" 7th Edition is more than just a book – it's a testament to the power of women's empowerment, a celebration of their contributions to society, and a beacon of inspiration for future generations. The book is a beautifully crafted tribute to the women who have dared to dream big, challenged norms, and shattered glass ceilings to emerge victorious.

As the audience applauded, Advocate Vinakshi Kadan Singh and Hon'ble Civil Judge (Jr. Division) Rupam Singh were congratulated for their role in unveiling this momentous publication. The evening's celebrations continued with a renewed sense of pride, admiration, and gratitude for the phenomenal women who inspire us all.

## FELICITATION CEREMONY



The felicitation ceremony was a grand celebration of women's achievements, as Hon'ble Justice Sangita Dhingra Sehgal, Hon'ble Civil Judge Rupam Singh, and Advocate Vinakshi Kadan Singh presented awards to the remarkable women featured in "The Phenomenal She" book.

The awardees were a diverse group of trailblazers, including:

**Government and Policy:** Anita Shah Akella, Joint Secretary, Ministry of Corporate Affairs, Kanchi Arora, Advisor- Political, Economic & Cultural Affairs at the German Consulate, Ruchita Singh, Joint Director and Head, IPR Division at FICCI, and Firdos Khan, Member of Delhi Commission of Women.

**Defense and Sports:** Former Wing Cdr. Anjali Rathee, Former Maj Prajakta Desai, Cdr. Prabha Lall (Retd.), Rounak Gulia, National Wrestler, Ayushi Podder, Shooter, Member of Indian Shooting Team, Neelam Panghal, Hockey Player, and Noor Jahan, Ice Hockey Player in Indian Women's Ice Hockey Team.

**Science and Environment:** Dr. Kalaivani Ganesan, Scientist in the Department of Biodiversity, Dr. Jyoti Malik Logani Senior Scientist in the Department of Biodiversity, and Bhavreen Kandhari, a climate activist.

**Adventure and Exploration:** Dr. Maral Yazarloo-Patrick, a motorcyclist, and Mala Honnatti, a mountaineer and marathoner.

**Aviation and Medicine:** Dr. Cpt. Sneha Sharma, Senior Commander of the Airbus A320 family with Air India, Dr. Suyomi Shah, MD Dermatologist, and Dr. Tejaswini Manogna, pediatric doctor, professional bharatanatyam artist, and Miss India Earth 2019.

**Entrepreneurship:** Basudha Shrivastav Narula, Founder & CEO of Empfly Services Pvt. Ltd. and Director of ExpressEarth Digital Services Pvt. Ltd.; Kirti Tula, Founder of Doodlage; and Singdha Manchanda, Founder of TeaTrunk.

**Arts and Culture:** Shriya Hanumanthu, a renowned Kuchipudi dancer.

**Entertainment and Media:** Rajashree Dowarah, Miss Cosmo India 2024, Janbe Rongmei, contestant MTV Roadies XX, Jonita Doda, actress, Hasleen Kaur, actress, Rupha Ramani, sports journalist, and RJ Singdha, radio jockey and celebrity anchor.

These women were recognized for their outstanding contributions to their respective fields, inspiring countless others with their achievements. The ceremony was a testament to the power of women's empowerment and a celebration of their tireless efforts to make a positive impact on society.

## INSPIRING ADDRESSES BY THE AWARDEES

### **Inspiring Address by Mala Honnatti, Mountaineer and Marathoner**



Mala Honnatti, a renowned mountaineer and marathoner, delivered an inspiring address to the gathering. Expressing her gratitude, she said, "I'm fortunate to be standing here today, and I'm still unsure how my name appeared on this prestigious list." Mala shared her remarkable journey, from growing up in a traditional South Indian family in Karnataka to breaking free from societal norms. She spoke about how she was expected to prioritize household chores over education and how she defied these expectations by

pursuing her double graduation in BSE LLB.

Mala's career spanned 30 years in banking, and she also found time to pursue her passion for sports. She joined a karate class, which gave her the internal courage to overcome her fears. This empowerment enabled her to travel alone, including late-night journeys to airports and bus stations.

Mala emphasized that true empowerment comes from within. She said, "If you know your position, what you want to do, and are clear about your vision, naturally, that empowerment comes. Apart from that, if you have financial empowerment and educational empowerment, nothing will stop you."

Mala shared her impressive achievements, including running full marathons in Antarctica, Everest Base Camp, the Great Wall of China, and Kilimanjaro. She also organizes mountaineering and trekking expeditions, encouraging women of all ages to participate.

As she approached her 72nd birthday, Mala reflected on her life choices, including her decision not to marry. She said, "I wanted to see the world through my eyes, not through my husband's eyes. I wanted to earn my living, not spread my hand before anybody."

Mala's speech was a testament to her courage, resilience, and determination. She concluded by saying, "We don't need anybody else to give us power. We have enough power within us. Within us, Durga is there, Kali is there, Saraswati is there, Lakshmi is there – everything is within us. Only thing we have to realize it. That's what International Women's Day stands for – to realize our own power and play it for ourselves and for society."

The audience was deeply inspired by Mala's remarkable story, and her speech served as a powerful reminder of the importance of self-empowerment and realizing one's own potential.

### **Inspiring Address by Jonita Doda, Actor, Entrepreneur, and Environmentalist**



Jonita Doda, a talented actor, entrepreneur, and environmentalist, delivered a heartfelt speech, expressing her gratitude for being part of the esteemed gathering. She felt a sense of belonging, remarking that it felt like family.

Jonita shared her initial hesitation about attending award ceremonies but was glad she made an exception for this event. She praised INBA for their outstanding work and dedication to recognizing women's achievements.

As an environmentalist, Jonita emphasized the critical importance of taking care of the environment. She highlighted alarming statistics, including India being the world's most polluted country, with 33 of the topmost polluted cities globally located in India. She also mentioned that Delhi's life expectancy is decreasing by 12 years due to pollution.

Jonita urged the audience to take initiative and prioritize environmental conservation. She stressed that influential individuals with a voice must act and not wait for others to make a difference.

Her passionate appeal concluded with a call to action, encouraging everyone to start taking care of the environment, as it matters deeply. The audience was inspired by Jonita's words, and her speech served as a poignant reminder of the need for collective action to protect our planet.

### **Inspiring Address by Dr. Maral Yazarloo-Patrick, Motorcyclist, Fashion Designer, Artist, and Advocate for Women's Rights**

Dr. Maral Yazarloo-Patrick, a motorcyclist, fashion designer, artist, and advocate for women's rights, delivered a captivating speech, sharing her life-changing experiences. Born in Iran, Maral has called India home for the past 21 years, having completed her MBA and PhD from the University of Pune.



Maral spoke about her remarkable journey, riding her motorcycle across 64 countries, covering all seven continents. She emphasized how women are often questioned about their abilities, and how societal expectations can be limiting. Maral passionately declared, "We are living in a world where everything tells us we are not good enough – we are not tall enough, thin enough, pretty enough."

Defying conventional norms, Maral shared her extraordinary experience of riding a motorcycle while six and a half months pregnant, traveling through 40 countries with her unborn baby. She encouraged women to never put their lives on pause, saying, "Women, you are amazing! Do not let anything pause your life."

As a mother of a six-year-old daughter, Maral emphasized the importance of women's presence in the world, saying, "We are the ones who need to be in this world to hold their hand and carry it on." She concluded by urging everyone to ignore negative voices and believe in themselves, saying, "Do not let anybody say something is impossible or you are not good enough, because you are."

The audience was inspired by Maral's remarkable story, and her speech served as a powerful reminder of women's resilience, determination, and potential.

### **Inspiring Address by Rajashree Dowarah, Miss Cosmo India 2024**

Rajashree Dowarah, the reigning Miss Cosmo India 2024, delivered a heartfelt speech, sharing her experiences and perspectives on empowerment and environmental conservation. Hailing from Assam, a beautiful region in Northeast India, Rajashree spoke about the equality and opportunities she enjoyed in her family, where she was never discriminated against alongside her siblings.

However, Rajashree faced a different challenge when she represented India internationally, as people questioned her "Indianness" due to her appearance. She proudly highlighted the diversity of India and her region, showcasing the country's rich cultural heritage.



Rajashree's passion for environmental conservation shone through as she discussed her project, "Project Vox Pallet and Pit for the Future Kid." This innovative initiative focuses on saving microorganisms from the harmful effects of detergents by creating pits that protect these tiny life forms. She emphasized the importance of preserving the delicate balance of nature and the interconnectedness of all living beings.

Rajashree reflected on her journey from a small village in Assam to the national stage, expressing her gratitude for the opportunities she has received. She believes that empowerment is not something that needs to be given, but rather it is an inherent quality that exists within each individual. Rajashree encouraged everyone to listen to their inner voice, believe in themselves, and recognize their own strengths and potential.

The audience was inspired by Rajashree's thoughtful words, and her speech served as a powerful reminder of the importance of self-empowerment, environmental conservation, and embracing diversity.

## SOME GLIMPSES OF THE EVENT

